Dream Big and Achieve Your Goals

You are 17 years old. A wonderful age! Like all young people, you are full of hopes and expectations. At this important time in your life, I'd like to tell you about two people who realized their dreams.

Put Your Dreams on Paper

It is a common practice among successful people to write down their dreams on paper. They make lists of dreams and put them where they will see and read them often. They will put them under a glass cover on their desk or carry them about in their pocket so that they will be constantly reminded of the goals they set for themselves. The following story is about John Goddard, an adventurer, explorer, and writer. In 1972, he was featured in LIFE, a famous American magazine, as a man who achieved his teenage dreams.

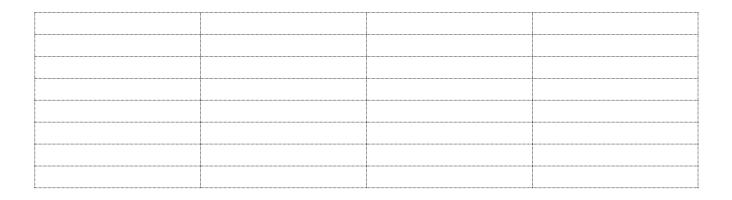
One rainy afternoon in 1940, sitting at his dining room table, the 15-year-old Goddard hit upon a plan. He wrote "My Life Goals" on a sheet of paper. Then he wrote down 127 goals for himself. Some of the items would be relatively easy to achieve, such as visiting the Great Wall of China and joining the Boy Scouts. The list included other goals that involved excitement or adventure, such as sailing around the world and flying an airplane. Showing a strong interest in exploring unknown places, Goddard also wanted to set foot on the moon and climb Mt. Everest.

What made John Goddard record his dreams on paper? He remembered that a friend of his dad's regretted not doing all the things he wanted to when he was John's age. He thought, "I never want to miss an opportunity to do things that I dream of." He carried the wish list everywhere he went and tried throughout his life to turn his dreams into reality. When LIFE introduced Goddard's story with the title "One Man's Life of No Regrets," he had already realized 104 of his list of 127 dreams! He had carried out a number of adventurous explorations, including the first solo kayak trip down the length of the Nile River and standing on the top of Mt. Kilimanjaro.

Your Enthusiasm Will Pay off

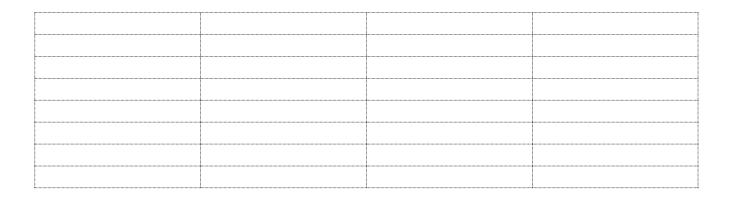
Can only people of unusual talent achieve their goals? Certainly not. Thomas Edison, the great inventor, once said, "Genius is one percent inspiration and ninety-nine percent perspiration." The famous Korean ballerina Kang Sue Jin is a case in point.

Kang Sue Jin fell in love with ballet at the age of 14, a very late start for anyone who desires to be outstanding at the art. At the age of 16, she entered the Monaco Royal Ballet School where, at first, she was very anxious because other students performed far better than her. To master the necessary skills, she practiced for 15 hours a day. Her enthusiasm for ballet made her practice the moves hundreds, even thousands of times, until she perfected each one. In 1985, her constant effort helped her win the grand prize in a famous international competition in Lausanne, Switzerland.



Sue Jin's toes became out of shape due to the long hours of hard work. Although her toes may look ugly, many people say they are the most beautiful feet in the world. Sue Jin has said, "Put all of your energy into any goals that you want to achieve. Success comes only as the result of a long and painful process."

Limitless dreaming is a privilege of the young. Your dreams, however, are not something to be caged in your mind. Without recording them somewhere, they may end up as nothing more than wild fantasies. Of course, recording your dreams is not enough. You also need to make a plan and make every effort to achieve your dreams. That enthusiastic effort will become the driving force to help you overcome the difficulties that challenge you in the course of achieving your goals.



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It is a common practice among successful people to write down ① <u>their</u> dreams on paper. ② <u>They</u> make lists of dreams and put ③ them where ④ <u>they</u> will see and read ⑤ <u>them</u> often. ⑥ <u>They</u> will put ⑦ <u>them</u> under a glass cover on ⑧ <u>their</u> desk or carry ⑨ <u>them</u> about in ⑩ <u>their</u> pocket so that ⑪ <u>they</u> ______ ⑫ <u>they</u> set for ③ <u>themselves</u> 그들은 자신이 세운 목표를 항상 기억할 수 있도록. The following story is about John Goddard, an adventurer, explorer, and writer. In 1972, he _______ 대서특필되었습니다 in LIFE, a famous American magazine, (_______)^{전치사} a man who achieved his teenage dreams.

expectation n.	feature v.	
realize v.	achieve v.	
practice n.		
constantly ad.		
be reminded of		
set a goal		
adventurer n.		
explorer n.		

1. 밑줄 친 부분과 같은 표현이 되도록 아래 빈칸에 적절한 영어 표현을 쓰시오.

= two people who _____

2. ① ~ ⑬의 다음에 따라 구분하시오.

successful people:

lists of dreams:

One rainy afternoon in 1940, [**sat / sitting**] at his dining room table, _________ 15세 소년 Goddard 는 계획 하나를 떠올렸습니다. He wrote "My Life Goals" on a sheet of paper. Then 어법 수정he wrote down 127 goals for him. 어법 수정 Some of the items would be relatively easy to achieve them, such as visiting the Great Wall of China and joining the Boy Scouts. The list included other goals (**involve**) excitement or adventure, such as sailing around the world and flying an airplane. ¹Showing a strong interest in exploring unknown places, Goddard also wanted to set foot on the moon and [**climb / climbed**] Mt. Everest.

What made John Goddard (record) his dreams on paper? He remembered that \star _

	when he was John's age 그는	아버지의 친구가 🛛	ohn의 나이였을 때 d	하고 싶었던 모든	것들을 다	하지는 못한
것에 대해 후회했던	것을 기억했습니다. He thought,	" ² I never want to	miss an opportunity t	to do things that	I dream of."	" He carried
the wish list everywh	nere he went and tried through	out his life		일생동안 자신	<u> </u> 의 꿈을 실	현하기 위해
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trip down the length	of the Nile River and standing o	on the top of Mt. k	(ilimanjaro.			

hit upon	throughout	
a sheet of paper	turn into reality	
relatively ad.	introduce v.	
involve v.	carry out v.	
explore v.	a number of	
set foot on	adventurous a.	
record v.	exploration n.	
regret ~ing		

1. 밑줄 친 부분과 같은 의미가 되도록 다음 괄호 안에 적절한 한 단어를 쓰시오.

= [] in exploring unknown places,

2. 밑줄 친 부분과 같은 의미가 되도록 다음 괄호 안에 적절한 한 단어를 쓰시오.

= I never want to miss an opportunity to do [] I dream of.

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____, until she perfected each one 그녀의 발레에 대한 열정은 그녀로 하여금 각 각의 발레 동작을 완벽하게 할 때까지 수백 번, 심지어 수천 번 연습하도록 만들었습니다. In 1985, her constant effort helped her (win) the grand prize in a famous international competition in Lausanne, Switzerland.

pay off		enthusiasm n.	
talent n.		competition n.	
inspiration n.			
perspiration n.			
fall in love with	*		
desire to ~	*		
outstanding a.			
anxious a.			

1. 밑줄 친 부분을 다음과 같이 바꿔 표현할 때, 빈칸에 적절한 한 단어를 쓰시오.

= a very late start for [] desires to be outstanding at the art Sue Jin's toes became ______ 수진의 발가락들은 오랜 시간 동안의 부단한 노력 때문에 형태가 일그러졌습니다. Although her toes may _____ 비록 그녀의 발가락들이 못생겨 보일지라도, many people say they are the most beautiful feet in the world. Sue Jin has said, "¹Put all of your energy into any goals that you want to achieve. ²Success comes only as the result of a long and painful process."

toe n.	nothing more than
out of shape	wild fantasy
hard work	make an effort to ~
ugly a.	enthusiastic a.
process n.	driving force
limitless a.	overcome v.
privilege n.	challenge v.
end up []	in the course of

 1. 밑줄 친 문장과 같은 의미가 되도록 아래 빈칸에 적절한 한 단어를 쓰시오.

 = Put all of your energy into [
] goals you want to achieve

2. 밑줄 친 문장과 관련된 속담을 영어로 쓰시오.